

SPECIAL ACADEMIC PROGRAMME

Capacity Building and Personality Development Programme

Sponsored by: National Commission for Women

Date: 27th September, 2023

Place: Legal Chamber

CAPACITY BUILDING & PERSONALITY DEVELOPMENT PROGRAM (CB&PDP)

Registration	–	10:00 a.m. – 10:15 a.m.
Inaugural	–	10:15 a.m. – 10:30 a.m.
Chairman	–	Mrs. Esther L. Chhangte, Principal, GMLC
Inaugural Speech	–	Chairman

SESSION – I

(10:30 a.m. – 12:00 noon)

Topic	:	‘Personal Capacity Building’
Resource Person	:	Mr. Nathael Vanchhawng, Life Coach
Moderator	:	Mrs. ZoparlianiKhangte, Asst. Professor, GMLC
Tea Break	:	30 minutes

(Tea Break 12:00 – 12:30 p.m.)

SESSION – II

(12:30 p.m. – 2:00 p.m.)

Topic	:	‘Professional Career Skill’
Resource Person	:	Mr. Nathael Vanchhawng, Life Coach
Moderator	:	Mrs. Vanlalhruii, Asst. Professor, GMLC
Lunch break	:	30 minutes

(Lunch 2:00 p.m. – 2:30 p.m.)

SESSION – III

(2:30 p.m. – 4:00 p.m.)

Topic	:	‘Digital Learning & Cyber Security’
Moderator	:	Dr. Maria Lalrinmawii, Asst. Professor, GMLC
Resource Person	:	Mr. Zonunsanga, Addl. SP, CID Crime

SESSION – IV
Quiz Session

‘Learning & Evaluation’ – Quiz (30 minutes)

Teacher i/c	:	Mrs. Ruth Lalrinliani, Asst. Professor, GMLC
Banner i/c	–	Vanlalhruaizela, 5 th Semester
Rapporteurs	-	Jennifer Sarita & Laltlanhlui, 5 th Semesters
Ushering, Reception & Registration	–	Daniel RemruatkimaHrahse, Noel Vanlalhruaizela, Lallianzami
Teacher i/c	–	Miss P. Lalremruati & Sir Malsawmkima
Refreshment	–	Miss Hmingthanpuii Ralte, Miss Priya Zohmangaihi and all Semester ACRs
Advertisement, Publicity & Hall Booking	–	Principal & SBC
Teacher i/c – Miss JH Lalnunluangi		
Attendance i/c	–	Miss Nancy Zodinpari Fanai & Sir K. Lalnunluanga
(Attendance is to be taken in every Session)		
Certificate & Materials for participants i/c	–	Miss. K. Lalrindiki
Official Photographers	–	Remruata & Immanuel, 3 rd Semesters



